Topological invariants in dissipative extensions of the Su-Schrieffer-Heeger model

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We investigate dissipative extensions of the Su-Schrieffer-Heeger model with regard to different approaches of modeling dissipation. In doing so, we use two distinct frameworks to describe the gain and loss of particles: One uses Lindblad operators within the scope of Lindblad master equations, and the other uses complex potentials as an effective description of dissipation. The reservoirs are chosen in such a way that the non-Hermitian complex potentials are \( \mathcal{P}\mathcal{T} \)-symmetric. From the effective theory we extract a state which has similar properties as the nonequilibrium steady state following from Lindblad master equations with respect to lattice site occupation. We find considerable similarities in the spectra of the effective Hamiltonian and the corresponding Liouvillian. Further, we generalize the concept of the Zak phase to the dissipative scenario in terms of the Lindblad description and relate it to the topological phases of the underlying Hermitian Hamiltonian.

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I. INTRODUCTION

The question of how dissipation influences topological quantum systems is heavily addressed in today’s research [1–5]. In literature various concepts are used and proposed to generalize the cherished tools developed for a characterization of topological phases in closed quantum systems to open systems. In this field two different approaches of describing dissipation are frequently used. One is based on Lindblad operators, which describe the interactions of a system with a reservoir and allow for the calculation of the time evolution of the system’s density matrix via Lindblad master equations (LMEs) [6]. This framework has been applied to prepare quantum systems in topologically nontrivial states by engineering the dissipative dynamics [3,4]. Also generalizations of topological invariants have been formulated in the course of this framework and the effects of dissipation on the topological properties of open quantum systems have been investigated [2,7–10].

Another approach of describing dissipation uses complex potentials and effective non-Hermitian Hamiltonians \( H_{\text{eff}} \) to model the gain and loss of particles. In this context reservoirs which are invariant under a spatial inversion \( \mathcal{P} \) and a simultaneous time reflection \( \mathcal{T} \) (interchange of particle sinks and sources) are of special interest. Such systems can be effectively described by \( \mathcal{P}\mathcal{T} \)-symmetric Hamiltonians, which then fulfill \([H_{\text{eff}}, \mathcal{P}\mathcal{T}] = 0 \) and, in spite of their non-Hermiticity, still can possess entirely real eigenvalue spectra [11]. Within this description the effects of dissipation on topological systems have been investigated, and it has been debated whether or not topologically nontrivial states may exist in combination with \( \mathcal{P}\mathcal{T} \)-symmetric gain-loss patterns [1,12–17]. Special interest is triggered in optics [18], where experimental realizations have successfully been developed [5,19]. While most of the works address the appearance of edge states, topological invariants have also been formulated for the non-Hermitian case [1,17,20,21].

The generic example of a one-dimensional topological insulator is the Su-Schrieffer-Heeger (SSH) model [22], which was initially proposed to study solitons in polyacetylene. In the present paper we compare both approaches by way of the example of the SSH model subject to gain and loss. A first comparison was done with regard to the appearance of edge states [23]. Here we want to go one step further and study whether the characterization of topological phases in both approaches leads to an agreement. To do so, we introduce two different \( \mathcal{P}\mathcal{T} \)-symmetric dissipative patterns and investigate a topological invariant, viz., the real part of the complex Zak phase. We find that the topological invariants of both approaches coincide in the parameter regime where the effective theory possesses an unambiguous interpretation. Further we find a remarkable accordance in the long-term dynamics following from both approaches, where we justify a construction scheme of a fixed-point-like many-body state in the effective \( \mathcal{P}\mathcal{T} \)-symmetric theory.

Since we combine disparate descriptions and methods, the first part of the paper (Secs. II–IV) is dedicated to give an overview of the methods and concepts used in the analysis. We briefly summarize the most important aspects of the SSH model in Sec. II before we introduce the dissipative frameworks in Sec. III. For spatially periodic systems (periodic boundary conditions) we introduce a momentum basis, which allows for the generalization of the Zak phase to dissipative systems described by an LME. The method of expressing a Liouvillian in a momentum basis was previously used in [7] to generalize the Chern number to dissipative systems. In Sec. IV we argue that in case of the effective description of dissipation the real part of the complex Zak phase is quantized and can be used as a topological invariant, the corresponding topological phases of which are protected by \( \mathcal{P}\mathcal{T} \) symmetry. The results of the comparison of the descriptions are presented in Sec. V, where

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where sites marked with a plus (minus) sign indicate single-particle gain (loss). The two patterns with dissipation only among the boundary sites ($U_1$, middle row) and alternating gain and loss ($U_2$, bottom row) are motivated by previous works [5,14,16,17,28].

we find clear similarities in both approaches for modeling dissipation.

II. SSH MODEL

The paradigmatic one-dimensional SSH model [22] describes spin-polarized noninteracting fermions on a lattice with $n$ sites arranged in double-well unit cells in such a way that nearest-neighbor tunneling alternates between $t_1$ and $t_2$ (see Fig. 1). For comparison with the dissipative extensions considered in this paper its properties are briefly outlined. The Hamiltonian $H$ describing the SSH model is given by

$$H = -\sum_{j=1}^{n/2} (t_1 c_{2j-1}^+ c_{2j} + t_2 c_{2j}^+ c_{2j+1} + \text{H.c.})$$

$$= -\sum_{j=1}^{n/2} (t_1 |j,A\rangle\langle j,B| + t_2 |j,B\rangle\langle j+1,A| + \text{H.c.}),$$

where $c_i$ ($c_i^+$) denotes the annihilation (creation) operator of a spinless fermion at the site $i$. For staggered hopping amplitudes $t_1 \neq t_2$, the Hamiltonian in Eq. (1) describes a two-band topological insulator [24] that undergoes a topological phase transition at $t_1 = t_2$ where the band gap closes. In fact, the periodic translation invariant system can be solved analytically by Fourier transformation $|k,X\rangle = 1/\sqrt{n/2} \sum_j e^{ikj} |j,X\rangle$ of the unit-cell index $j$, where $X \in \{A,B\}$ and $k = 0, 2\pi/(n/2), 4\pi/(n/2), \ldots, 2\pi(n/2 - 1)/(n/2)$. Factorizing $|k,X\rangle = |k\rangle \otimes |X\rangle$, the Hamiltonian is fully described by the $2 \times 2$ Bloch Hamiltonian $H_B$ (the matrix occurring on the right side):

$$H = \sum_k |k\rangle \langle k| \otimes \begin{pmatrix} 0 & -t_1 - t_2 e^{-ik} \\ -t_1 - t_2 e^{ik} & 0 \end{pmatrix},$$

where the sum runs over the discrete steps of $k$ mentioned above. The Bloch Hamiltonian yields the energies $E_m(k) = \pm \sqrt{t_1^2 + t_2^2 + 2t_1 t_2 \cos(k)}$.

The topological invariant of the Bloch band corresponding to $|u_m(k)\rangle$ (an eigenvector of the Bloch Hamiltonian) is given by the Berry phase $\nu_m$ [25] in momentum space, also known as the Zak phase [26],

$$\nu_m = i \oint_0^{2\pi} \langle u_m(k)| \partial_k |u_m(k)\rangle \, dk,$$

and takes a value of $\nu_m = \pi$ if $t_1 < t_2$ and $\nu_m = 0$ if $t_1 > t_2$ [27]. In the topologically nontrivial phase ($\nu_m \neq 0$) the SSH model possesses zero-energy edge modes at open boundaries, which are protected by the topological properties of the system.

III. DISSIPATIVE FRAMEWORKS

In the further course of this paper we allow particles to enter or exit the system on certain sites as sketched in the lower part of Fig. 1. This notion of dissipation is modeled by two different approaches.

A. Lindblad master equation

The LME [6] results from the Markovian approximation [29] of the reservoir and describes the dissipative (trace and positivity preserving) evolution of the density matrix $\rho$:

$$\dot{\rho} = -i[H,\rho] + \sum_{\mu} (2L_{\mu,\rho} L_{\mu}^\dagger - \{ L_{\mu,\rho}^\dagger,\rho \}) \equiv \mathcal{L}\rho,$$

where the unitary evolution generated by $H$ is supplemented by the influence of collapse operators $L_{\mu}$ characterizing the dissipative coupling to the reservoir, and we have set $\hbar = 1$. Writing Eq. (4) as an operator equation introduces the Liouville operator (or Liouvillian $\mathcal{L}$). In the long-time limit, the system converges to the non-equilibrium steady state (NESS), which satisfies $\mathcal{L}\rho_{\text{NESS}} = 0$.

In this paper, we choose the Lindblad operators $L_{\mu} = \sqrt{\gamma_{\mu}} H_{\mu}^\dagger (\sqrt{\gamma_{\mu}} H_{\mu})$ to describe single-particle gain (loss) with a rate $\gamma$. Consequently, the dissipative patterns presented in Fig. 1 are expressed by the following choice of Lindblad couplings ($\mu = 1, \ldots, n$):

$$U_1 : \quad L_1 = \sqrt{\gamma_{1}} c_1^+, \quad L_n = \sqrt{\gamma_{n}} c_n^+, \quad L_\mu = 0 \quad \text{(else)}, \quad (5a)$$

$$U_2 : \quad L_\mu = \sqrt{\gamma_{\mu}} c_\mu^+ (\mu \text{ odd}), \quad L_\mu = \sqrt{\gamma_{\mu}} c_\mu (\mu \text{ even}). \quad (5b)$$

We note that the reservoir $U_2$ does not spoil the translational symmetry and the appropriate system can still be naturally described in momentum space.

Third quantization

Any fermionic dissipative system described by a master equation in Lindblad form (4) with a quadratic Hamiltonian $H$ and linear collapse operators $L_{\mu}$ can be treated by means of a method named third quantization, presented in [30,31]: Both constituents of the Liouvillian $\mathcal{L}$ are expanded in terms of $2n$ abstract Hermitian Majorana operators $w_j$ [which are our case related to the fermionic operators by $w_{2m-1} = c_m + c_m^\dagger w_{2m} = i(c_m - c_m^\dagger)$ with $m = 1, \ldots, n$] as $H = \sum_{j,k=1}^{2n} w_j H^j_{\mu} w_k^\dagger$ and $L_\mu = \sum_{j=1}^{2n} L_{\mu,j} w_j^\dagger$. The operator space $\mathcal{K}$ of the $w_j$ is spanned by the $2^{2n}$-dimensional orthonormal basis vectors $P_{\alpha_1,\ldots,\alpha_{2n}} = w_{\alpha_1}^\dagger \cdots w_{\alpha_{2n}}^\dagger$ with $\alpha_j \in \{0,1\}$. By introducing superoperators on $\mathcal{K}$ in terms of adjoint Fermi maps $\tilde{c}_j, \tilde{c}_j^\dagger (j = 1, \ldots, 2n)$ that act on the canonical basis as $\tilde{c}_j \{ P_{\alpha_1,\ldots,\alpha_{2n}} \} = \delta_{\alpha_j,1} [w_j P_{\alpha_1,\ldots,\alpha_{2n}}], \tilde{c}_j^\dagger \{ P_{\alpha_1,\ldots,\alpha_{2n}} \} = \delta_{\alpha_j,0} [w_j P_{\alpha_1,\ldots,\alpha_{2n}}]$. 

}$\text{SSH}$

$A$

$B$

$U_1$

$U_2$

FIG. 1. Sketch of the SSH model and its extensions for $n = 8$ sites. Top row: The Hermitian model consists of double-well unit cells (sites $A,B$) with intratunneling $t_1$ joined by the intercell hopping $t_2$. Lower side: In this paper we study dissipative extensions of the SSH model where sites marked with a plus (minus) sign indicate single-particle gain (loss). The two patterns with dissipation only among the boundary sites ($U_1$, middle row) and alternating gain and loss ($U_2$, bottom row) are motivated by previous works [5,14,16,17,28].
δ_{j,0} |w_j P_{2n-1...0}n\rangle$, the Liouvillean can be rewritten and becomes bilinear after a linear transformation to $4n$ *adjoint Hermitian Majorana maps* $\hat{A}_{j-1} = (\hat{c}_j + \hat{\bar{c}}_j)/\sqrt{2}$, $\hat{A}_j = i(\hat{c}_j - \hat{\bar{c}}_j)/\sqrt{2}$, where $j = 1 \ldots 2n$. The resulting expression,

$$\hat{\mathcal{L}} = \sum_{i,j=1}^{4n} \hat{a}_i \hat{a}_j - A_0 \hat{1},$$

introduces the antisymmetric $4n \times 4n$ shape matrix $A = -A^\dagger$, which contains all information about the system. Its eigenvalues, referred to as *rapidities*, come in pairs $\pm \beta_1, \ldots , 2n$ with $\text{Re}(\beta_j) \geq 0$. By means of the shape matrices’ eigenvectors, the dissipative system decomposes into *normal master modes* (NMMs) that are populated at an exponential rate given by $2\text{Re}(\beta_j)$ [30]. Hence, the NNESS is unique whenever all rapidities $\beta_j$ satisfy $\text{Re}(\beta_j) > 0$. As shown in [30], NNESS expectation values can be computed straightforwardly in this case.

Applying this procedure to an SSH ring with Lindblad operators $\sqrt{F} \gamma_j \sqrt{F}^\dagger$, arranged in the alternating pattern of $U_2$, the shape matrix takes the banded form

$$A = \frac{1}{2} \begin{pmatrix} \gamma \Gamma_g & -t_1 T & & & & & & & \end{pmatrix}$$

$$\begin{pmatrix} \gamma T & -t_1 T & -t_2 T & & & & & & \end{pmatrix}$$

$$\begin{pmatrix} -t_1 T & \gamma \Gamma_1 & -t_2 T & & & & & & \end{pmatrix}$$

$$\begin{pmatrix} -t_2 T & \gamma \Gamma_g & -t_1 T & & & & & & \end{pmatrix}$$

$$\begin{pmatrix} \cdots & \cdots & \cdots & \cdots & \cdots & \cdots & \cdots & \cdots & \cdots \end{pmatrix}$$

(7a)

with $4 \times 4$ matrices $\Gamma_g^{(1)} = -12 \otimes \sigma_y \otimes \sigma_z \otimes (\sigma_y + \sigma_z)$ and $T = -\sigma_y \otimes \sigma_z$. As the dissipative pattern does not spoil the system’s unit-cell structure, $A$ is naturally expressed by partitioning the matrix into $8 \times 8$ blocks labeled with $j = 1 \ldots n/2$, which themselves consist of $4 \times 4$ blocks $A,B$. Adopting a projector notation the shape matrix reads

$$A = \frac{1}{2} \sum_{j=1}^{n/2} \{ \gamma \{ j, A \} \otimes \Gamma_g + [j, B] \langle j, B \rangle \otimes \Gamma_1 \}$$

$$-t_1 \{ [j, A] \langle j, B \rangle + \text{H.c.} \} \otimes \Gamma_1$$

$$-t_2 \{ [j, B] \langle j + 1 \rangle A + \text{H.c.} \} \otimes \Gamma_1,$$

(7b)

which resembles the form of the $\mathcal{P}\mathcal{T}$-symmetric Hamiltonian subject to $U_2$ mentioned below with matrices $T, \Gamma_g$, and $\Gamma_1$ replacing the scalar entries of tunneling amplitudes and gain and loss rates, respectively. In analogy with the Hamiltonian case, the representation can further be compacted by transforming the external degree of freedom into momentum space with a Fourier transform, $|k, X\rangle = 1/\sqrt{2\pi a} \sum_{j=-n/2}^{n/2} e^{ikj} |j, X\rangle$ with $k = 0, 2\pi / (n/2), 4\pi / (n/2), \ldots , 2\pi (n/2 - 1) / (n/2)$ and $X \in \{ A, B \}$, resulting in

$$A = \frac{1}{2} \sum_k |k, k\rangle \otimes \{ \gamma \{ A \} \otimes \Gamma_g + \gamma \{ B \} \langle B \rangle \otimes \Gamma_1 \}$$

$$-[(t_1 + e^{ik} t_2) |A\rangle \langle B| + \text{H.c.}] \otimes \Gamma_1$$

$$= \frac{1}{2} \sum_k |k, k\rangle \otimes \begin{pmatrix} \gamma \Gamma_g & -\gamma \Gamma_1 \end{pmatrix} \begin{pmatrix} -t_1 + t_2 e^{ik} T & \gamma \Gamma_1 \end{pmatrix},$$

(7c)

where the additional factorization $|k, X\rangle = |k\rangle \otimes |X\rangle$ has been assumed. Due to the similarity of this procedure and the derivation of the Bloch Hamiltonian, we will refer to the matrix in the last equation as the *Bloch Liouvillean*.

**B. $\mathcal{P}\mathcal{T}$-symmetric potentials (effective theory)**

Our second approach is given by a description of dissipation using complex on-site potentials that lead to an effective non-Hermitian Hamiltonian and in fact triggered the surge of the entire research area of non-Hermitian quantum mechanics [32,33]. This procedure has already been promisingly applied to bosonic systems [34]. It can be motivated by considering a single site with $H = 0$ subject to single-particle gain (loss) described by an LME (4), which reads $\dot{\rho} = \gamma (2c c^\dagger \rho - c^\dagger c \rho - \rho c^\dagger c)$ (with $c \leftrightarrow c^\dagger$ swapped for single-particle loss). The populations $\rho_{ii}, i = 0,1$ of the solution $\rho(t) = \sum_{i,j} \rho_{ij}(t) |i\rangle \langle j|$ show an exponential decrease at the rate of $2\gamma$, that is, $\rho_{ii}(t) = \rho_{ii}(0) e^{-2\gamma t}$ in the case of single-particle loss, and analogously for the gain scenario. However, such an exponential increase (except for the maximum occupation) can also be implemented by a complex on-site potential $\pm i \gamma c^\dagger c$, which becomes exact in the mean-field limit of bosons [34].

Hence, we account for single-particle gain (loss) at site $j$ via the extension of the Hamiltonian with a term $\pm i \gamma c^\dagger c_j$ to obtain an effective description of dissipation. This results in a non-Hermitian Hamiltonian $\hat{H}_\text{eff} = H + U$. The complex potentials, which effectively describe the effects of the reservoirs shown in Fig. 1 are given by

$$U_1 = i \gamma (c^\dagger_{0} c_{n} - c^\dagger_{1} c_{1}),$$

$$U_2 = \sum_{j=1}^{n/2} i \gamma (c^\dagger_{2j-1} c_{2j-1} - c^\dagger_{2j} c_{2j}).$$

(8a)

$$U_2 = \sum_{j=1}^{n/2} i \gamma (c^\dagger_{2j-1} c_{2j-1} - c^\dagger_{2j} c_{2j}).$$

(8b)

A helpful property of both reservoirs in Eq. (8) as well as the Hamiltonian in Eq. (1) is their invariance under the combined action of parity and time inversion, $[H_{\text{eff}}, \mathcal{P}\mathcal{T}] = 0$, which causes the complex energy spectrum to be entirely real-valued in the $\mathcal{P}\mathcal{T}$-unbroken parameter regime.

A further analogy between the two approaches can be revealed by following the physical interpretation of a prominent algorithm, which allows for the computation of the time evolution of observables of systems characterized by an LME. The so-called *Monte Carlo wave-function* approach uses the combination of a time evolution with a non-Hermitian Hamiltonian and quantum jumps to determine steady states of an open quantum system described by an LME [35]. For $\mathcal{P}\mathcal{T}$-symmetric systems the non-Hermitian Hamiltonian constructed within the numerical method is equivalent to the $\mathcal{P}\mathcal{T}$-symmetric Hamiltonian of the effective approach in Sec. III B, except for a constant imaginary shift. Thus, our effective $\mathcal{P}\mathcal{T}$-symmetric Hamiltonian is connected with the non-Hermitian Hamiltonian of the Monte Carlo wave-function algorithm.

**IV. COMPLEX BERRY PHASE**

In the scope of the effective $\mathcal{P}\mathcal{T}$-symmetric theory the concept of the Berry phase can be generalized to dissipative...
systems [1,36–38]. In case of spatially periodic systems like $U_2$ the complex Zak phase can be defined with the help of pairs of biorthogonal eigenvectors of the non-Hermitian $PT$-symmetric Hamiltonian $H_{\text{eff}}^{(U_2)}$ belonging to real eigenvalues. To do so, one follows the same procedure as described in Sec. II, which results in

$$H_{\text{eff}}^{(U_2)} = \sum_k |k\rangle \langle k| \otimes \begin{pmatrix} i\gamma & -t_1 - t_2 e^{ik} \\ -t_1 - t_2 e^{-ik} & -i\gamma \end{pmatrix},$$

and energies $E_{\text{eff}}(k) = \pm \sqrt{t_1^2 + t_2^2 + 2t_1t_2 \cos(k) - \gamma^2}$, which are entirely real as long as $|t_1 - t_2| > \gamma$ [5]. The $2 \times 2$ matrix represents the $PT$-symmetric Bloch Hamiltonian. The structure of the Bloch Liouvillian found in Eq. (7c) is very similar to the one of the non-Hermitian Bloch Hamiltonian in Eq. (9). In case of unbroken $PT$ symmetry, that is, if all eigenvalues of $H_{\text{eff}}$ are real-valued, the complex Zak phase which is picked up by the $m$th Bloch band, described by the left and right eigenvectors $|\chi_m\rangle$ and $|\phi_m\rangle$ of the Bloch Hamiltonian associated with eigenvalue $E_{\text{eff}}(m)$, is defined as [36,38]

$$v_m = i \oint \langle \chi_m(k) | \partial_k | \phi_m(k) \rangle \, dk.$$

In the $PT$-unbroken regime, the real part of the complex Zak phase is quantized, $\text{Re}(v_m) = 0, \pi \mod 2\pi$, as shown in Appendix A. In analogy with the line of argument of Hatsugai [39] for Hermitian systems we use the quantized real part of the complex Zak phase as topological invariant to characterize topological phases in the periodic lattice system described by Eq. (9). The quantization of the real part of the complex Zak phase is ensured by $PT$ symmetry, and thus the corresponding topological phases are protected by $PT$ symmetry (see Appendix A).

In addition to analytical results of the Berry phase in [1], an algorithm to numerically evaluate Eq. (10) is described in [20]. Note, however, that the extension of Berry phases is limited to the $PT$-unbroken regime, and if the eigenvalues of $H_{\text{eff}}$ are complex the adiabatic theorem which is used in the derivation of the complex Zak phase does not apply [37] and a Berry phase is not well defined.

Note that the notion of a chiral symmetry $\Lambda = \sigma_z$, protecting the topology in the Hermitian case $\gamma = 0$ where $[H, \sigma_z] = 0$ cannot be directly carried over to the dissipative case due to the non-Hermiticity of the Hamiltonian. In fact, the underlying relations have to be modified for non-Hermitian Hamiltonians [40] and it is nevertheless possible to find a symmetry operator that constrains the eigenvalue spectrum of $H_{\text{eff}}^{(U_2)}$ in the same way as the chiral symmetry does in the Hermitian SSH model.

To see this, consider the Hamiltonian of Eq. (9) with open boundaries expanded in the $n$-dimensional single-particle basis:

$$H_{\text{eff}}^{(U_2)} = \begin{pmatrix} i\gamma & -t_1 & 0 \\ -t_1 & -i\gamma & -t_2 \\ 0 & -t_2 & i\gamma \end{pmatrix}.$$

Using the unitary $n$-dimensional operators

$$\Sigma_z = \begin{pmatrix} \ldots & 1 & \ldots \\ 1 & \ldots \end{pmatrix}, \quad \Sigma_\tau = \begin{pmatrix} 1 & \ldots & -1 \\ \ldots & \ldots & \ldots \end{pmatrix}$$

introduced in the Supplemental Material of [5] one can construct the non-Hermitian operator $\Lambda = \Sigma_z \Sigma_\tau = -\Lambda^\dagger$ that satisfies the relation

$$\Lambda^\dagger H_{\text{eff}}^{(U_2)} \Lambda = -H_{\text{eff}}^{(U_2)}.$$

Similarly to the chiral symmetry in the Hermitian scenario the symmetry property (13) constrains the eigenvalue spectrum of $H_{\text{eff}}^{(U_2)}$ to bands of opposite sign: Given left and right eigenvectors $|\chi\rangle$, $|\phi\rangle$ of $H_{\text{eff}}^{(U_2)}$ associated with an eigenvalue $E$, the symmetric partner states $|\chi\rangle | \Lambda \rangle, | \Lambda | \phi\rangle$ are eigenvectors with an eigenvalue of $-E$. By the same reasoning this property carries over to the spectrum of $H_{\text{eff}}^{(U_2)}$.

As a side mark, note that it is possible to construct non-Hermitian $PT$-symmetric systems with alternating gain and loss and a centered defect that hosts topologically protected zero-energy edge states in the $PT$-unbroken phase [5]. Their stability under disorder respecting the symmetry $\Lambda = \Sigma_z \Sigma_\tau$ has been verified analytically and numerically in the Supplemental Material of [5].

Motivated by the analogy between the effective Hamiltonian (9) and the shape matrix given in Eq. (7c), we now formulate the complex Zak phase defined for the master bands of the Bloch Liouvillian. The NMM bands obtained from a description via the LME can be classified topologically in the same fashion as the bands of the Bloch Hamiltonian $H_{\text{eff}}^{(U_2)}$. Therefore we define a Zak phase $\nu$ for the NMM bands by using the left- and right-hand eigenstates of the Bloch Liouvillian (7c) in Eq. (10).

V. COMPARISON OF BOTH DESCRIPTIONS

Having outlined the different approaches of modeling dissipation in the SSH model, a key aspect of this paper shall be dedicated to a comparison of both methods in order to check their conformity.

While the $PT$-unbroken regime in the effective theory yields stationary modes, which can also be understood as a non-Hermitian extension of Hermitian quantum mechanics, the interpretation of the $PT$-broken regime with complex eigenvalues is questionable, as the exponential change of the probability density resulting from a time evolution with the effective Hamiltonian may result in an unphysical behavior of the system. The applied scheme in this paper relies on the analogy between the effective theory and LME outlined in Sec. IIIB. Starting from the dissipation-free Hamiltonian many-body ground-state scenario ($\gamma = 0$), where all single-particle modes with negative and zero energy $\text{Re} (E) \leq 0$ (to include edge modes) are occupied, we expect those modes to remain occupied as long as the imaginary part vanishes exactly when dissipation is turned on. Whenever a mode breaks $PT$ symmetry by acquiring a complex eigenvalue, the sign of the imaginary part determines whether the mode is filled up ($+$) or emptied ($-$) in the long-time limit. Applying this interpretation we identify a NESS-like many-body state built up from the
specified single-particle modes in the effective framework. This state corresponds to the complex many-body energy with a maximum imaginary and minimum real part. Thus, we refer to this state as a maximally PT-broken ground state (MBS), which is unique if all single-particle modes possess nonzero energies.

The further investigation within this section will reveal a good agreement of the MBS and the NESS with respect to the expectation value of the lattice site occupation operators. This is a surprising observation as the construction of both states relies on very different methods. The idea behind the MBS is a modification of the many-body ground state due to the effects of dissipation. As we are interested in the ground state the MBS is constructed by a conditional minimization of the energy. Some single-particle modes of the ground state will be affected by the dissipative terms and thus are filled or emptied due to dissipation. By contrast the decision of whether a master mode is occupied in the NESS is solely determined by the sign of the corresponding eigenvalue’s real part.

Hereinafter we parametrize the tunneling amplitudes accordingly to $t_{1/2} = t [1 \mp \Delta \cos(\theta)]$.

### A. Alternating gain and loss

First we consider an SSH chain ($n = 64$ and $t = \Delta = 1$) subject to the dissipative pattern $U_2$ and compute the complex energy spectrum of the corresponding $\mathcal{PT}$-symmetric Hamiltonian, which was previously discussed in [5,16], as well as the rapidity spectrum of the Liouvillian (7) (without periodic boundary conditions).

Figure 2 shows the complex energies of the system for a varying gain-loss strength, with highlighted differences between the topologically trivial ($t_1/t_2 = 3$, $\theta = 2\pi/3$) and nontrivial ($t_1/t_2 = 1/3$, $\theta = \pi/3$) dimerization. We note that the phase transition to the $\mathcal{PT}$-broken regime is in agreement with that of the analytical eigenvalues of the Bloch Hamiltonian given in Eq. (9) for the bulk modes (blue points). By contrast the nontrivial dimerization possesses $\mathcal{PT}$-broken modes for any nonzero $\gamma$ as the edge states can obviously not be eigenstates of parity-time reflection [16] and thus immediately break the symmetry. Moreover, the imaginary energy of the edge modes is linear and given by $\pm \gamma$, which follows from the fact that the edge modes are supported only on one of the sublattices $A,B$ [27]. The real part of the Bloch bands containing the bulk modes bends towards zero for increasing dissipation and eventually each mode breaks the $\mathcal{PT}$ symmetry with a purely imaginary eigenvalue. This observation is exactly the expected behavior in the strongly dissipative scenario where the hopping can be considered as a weak perturbation, and in which all lattice sites effectively decouple and yield independent sites being subject to either gain or loss, that is, $\lim_{\gamma \to \infty} \text{Re} (E) = 0$ and $\lim_{\gamma \to \infty} \text{Im} (E) = \pm \gamma$.

In Fig. 3 we show the rapidities of the analog system formulated in the framework of the LME. Whereas the presence of a $\mathcal{PT}$-symmetric region in the effective theory suggested a regime with stationary modes despite dissipation, the convergence rates in the Lindblad scenario are equal for each NNM, $\text{Re} (\beta) = \gamma/2$, such that all modes are sensitive to the reservoir regardless of the lattice configuration. Interestingly, we find that for the specific pattern with alternating gain and loss the features of the unitary Hamiltonian and the collapse operators decouple, since it can be shown analytically for the periodic system that the rapidities are twofold degenerate and given by $\beta = \gamma/2 \pm i E_m/2$, where $E_m$ denotes the eigenvalues of the Hermitian SSH model from Eq. (2) (compare Appendix B). We will further comment on this remarkable property in the course of this section.

The MBS and NESS lattice occupations derived from the spectra in Figs. 2 and 3 are compared in Fig. 4. For increasing dissipation, the bulk makes a transition into a progressively staggered configuration, which ultimately leads to entirely filled or empty sites. However, the edge modes occurring in the nontrivial lattice dimerization play an important role in both descriptions and are occupied or emptied for finite dissipation. From this it follows that a pronounced occupation at the edges can always be observed whenever the SSH Hamiltonian yields edge modes. We note that the MBS qualitatively reproduces the NESS behavior to a good extent, especially the property of half filling. Only in the $\mathcal{PT}$-unbroken regime where the effective theory suggests a flat bulk, a slight imbalance between gain and loss sites can already be detected in the Lindblad description (compare the top row of Fig. 4). In fact, the MBS does not show...
The system is in a topologically trivial (nontrivial) phase in the phase, which is well defined as long as the bands are gapped. Full accordance with the topological band theory of Hermitian theory [36], transfers to the Liouvillian. A topological invariant, which already exists for the effective matrix for \( t = \Delta = 1 \) with alternating gain and loss (\( \gamma = 0.5, 1, 4, 2.5 \) from top to bottom). Left panels: Nontrivial dimerization (\( \theta = \pi / 3 \)). Right panels: Trivial dimerization (\( \theta = 2\pi / 3 \)).

A numerical evaluation yields the right panel of Fig. 5. For a given dimerization parameter \( \theta \) and gain and loss strength \( \gamma \) one finds all NMM bands to be characterized by the same quantized phase with a vanishing imaginary part. The Zak phase of the NMM bands indicates a trivial (nontrivial) phase for a trivially (nontrivially) dimerized chain, which is in full agreement with the isolated SSH model. This observation is found to be inherently linked to the structure of the shape matrix for \( U_2 \) given in Eq. (7c), to which we provide further details in Appendix B. In fact it turns out that the Liouvillian can be decomposed into outer products. One of the product spaces contains the entire structure of the Bloch Hamiltonian, such that the Berry phase of the transport along the Brillouin zone is inherited from the Hermitian case. Thus, the NMM bands possess a Zak phase of \( \pi \) if the Hermitian SSH chain is dimerized topologically nontrivial (\( \theta < \pi / 2 \)) and a Zak phase of zero in case of trivial dimerization (\( \theta > \pi / 2 \)). For \( \theta = \pi / 2 \) the NMM bands touch each other and the Zak phase is not well defined. In contrast to the complex Zak phase of the effective \( PT \)-symmetric description this quantization does not require a special structure of the eigenvalue spectrum of the Bloch Liouvillian; the quantization is rather ensured by the chiral symmetry of the Hermitian SSH model from which the Zak phase is inherited to the eigenstates of the Bloch Liouvillian (see Appendix B).

Hence, in the case of alternating gain and loss we can define a dissipative analog of the Zak phase for the NMM bands, which carries the information about the topology of the Hamiltonian and is not affected by the strength of dissipation. This Zak phase of the NMM bands is in perfect agreement with the complex Zak phase obtained from the effective approach in the parameter regime where the complex energy spectrum of the non-Hermitian Hamiltonian is entirely real-valued (\( PT \)-unbroken phase). We comment on the stability of the complex Zak phase for the disordered case in Appendix C.

B. Gain and loss at the boundaries

In the following we compare the interpretation of the effective theory introduced in the beginning of this section with the LME description of an SSH chain (\( n = 64 \) and \( t = \Delta = 1 \)) subject to a reservoir of the type \( U_1 \) [cf. Fig. 1 with Eqs. (8a) and (5a)].

Figure 6 shows the single-particle spectrum of the non-Hermitian Bloch Hamiltonian in dependence of the dissipative strength \( \gamma \) for a topologically trivial (\( t_1 / t_2 = 3, \theta = 2\pi / 3 \))

\[ \begin{align*}
\text{FIG. 4. Lattice occupation corresponding to the NESS (blue dots) and MBS (open orange circles) of the SSH model with alternating gain and loss (} \gamma = 0.5, 1, 4, 2.5 \text{ from top to bottom). Left panels: Nontrivial dimerization (} \theta = \pi / 3 \text{). Right panels: Trivial dimerization (} \theta = 2\pi / 3 \text{).}
\end{align*} \]

\[ \begin{align*}
\text{FIG. 5. Complex Zak phase} \ \psi \text{ of the SSH model} \ (t = \Delta = 1) \ 	ext{with alternating gain and loss. Left panel: Real part of the complex Zak phase obtained from the effective description using a complex } PT \text{-symmetric potential. The hatched area marks the } PT \text{-broken parameter regime in which the real part of the complex Zak phase is not quantized (see Appendix A for details). Right panel: Zak phase characterizing an NMM band of the Bloch Liouvillian obtained from a description of the system using an LME.}
\end{align*} \]
and nontrivial \((t_1/t_2 = 1/3, \theta = \pi/3)\) dimerization. In the latter, the edge states are again found to be \(\mathcal{PT}\) broken for all values \(\gamma > 0\). The imaginary part of the complex energy is restricted by \(|\text{Im}(E)| < \gamma\) and the localization of the edge modes increases with \(\gamma\), such that one finds \(\lim_{\gamma \to \infty} \text{Im}(E) = \pm \gamma\) for their energy.

The same holds in the strongly dissipative scenario of the trivial SSH chain. After the \(\mathcal{PT}\) phase transition the real parts of the complex energies of the modes located mainly at the boundary unit cells bend towards zero (orange points in Fig. 6). These modes decouple while going through a bifurcation at \(\gamma = 3\) and collapse into (i) modes hosted solely by the dissipative site at the boundary and (ii) edge modes in the nontrivially dimerized Hermitian subsystem in the limit \(\gamma \to \infty\). While the latter correspond to the eigenvalue branches of which the complex energy converges towards zero, the eigenvalues of the others are given by \(\pm i\gamma\) in the strongly dissipative limit. The effect of the modes with approximately zero total energies for large values of \(\gamma\) becomes visible in the localization of the edge states (of which the occupations 

Interestingly, one finds considerable resemblances between the complex energies and the rapidities following from a description via the LME. The imaginary part of the rapidity spectrum (see Fig. 7) reproduces the real part of the complex energy spectrum (see Fig. 6). Also the real part of the rapidities (see left panel in Fig. 7) and the imaginary part of the single-particle modes \(|\text{Im}(E)|\), see right side in Fig. 6] show significant similarities. Only the exactly vanishing imaginary parts leading to stationary bulk modes in the effective description differ from their counterpart in the LME framework where bulk NMMs are always characterized by a small (but nonzero) relaxation rate that guarantees the uniqueness of the NESS. Furthermore, the bifurcations in the rapidity spectrum and the complex energy spectrum approximately occur at the same parameter values. Generally, only modes hosted by sites coupled to the reservoir are strongly affected by dissipation, which also causes a change of the lattice site occupation. This is further investigated by comparing the NESS and the MBS.

We show MBS and NESS lattice occupations for a reservoir of the type \(U_1\) in Fig. 8. Due to its construction the MBS contains the single-particle edge modes which are occupied due to the effect of the gain and loss of particles. For increasing dissipative strengths the edge mode localization at the lattice boundaries becomes more pronounced and the mode extends less into the bulk.

In case of a trivial chain and values of \(\gamma \lesssim 0.5\) the \(\mathcal{PT}\)-symmetric Hamiltonian is \(\mathcal{PT}\)-unbroken (see Fig. 6 right bottom) and the corresponding MBS, which has a real-valued energy, is equivalent to a Mott state at half filling (see Fig. 8 right top) [41]. In this parameter regime the MBS does not reproduce the NESS lattice occupations. However, the trivial chain yields lattice occupation profiles of the NESS and the MBS, which match perfectly for large values of \(\gamma\). In this case the sites at the edges of the lattice act as a connection between the reservoir and the rest of the system. For large values of \(\gamma\) one can assign the edge sites (of which the occupations are approximately fixed to zero and one, respectively) to the reservoir and finds the NESS (MBS) in the subsystem to reproduce the NESS (MBS) of the nontrivial phase (see bottom of Fig. 8). This effect is caused by the inversion of the

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**Figures:**

1. **Fig. 6.** Complex single-particle eigenvalue spectrum of the \(\mathcal{PT}\)-
symmetric Hamiltonian of the SSH model subject to the complex
potential \(U_1\) with \(\theta = \pi/3\) (blue and green points in the left panel,
and right top) and \(\theta = 2\pi/3\) (blue and orange points in the left panel,
and right bottom). The colors of the imaginary part branches on the
right correspond to the real part of the complex energies shown on
the left.

2. **Fig. 7.** Rapidity spectrum of the Liouvillian of the SSH model
with gain and loss at the edges (Lindblad operators \(L_{U_1}^{(1)}\) with \(\theta = \pi/3\)
(left top, and blue and green points in the right panel) and \(\theta = 2\pi/3\)
(left bottom, and blue and orange points in the right panel). The colors of
the real part branches correspond to the imaginary part of the
rapidities shown on the right.

3. **Fig. 8.** Comparison of the lattice site occupation profile of the
NESS (blue circles) and the corresponding MBS (open orange circles)
for \(t = \Delta = 1\) and \(\theta = \pi/3\) on the left and \(\theta = 2\pi/3\) on the right and
\(\gamma = 0.25\) and 4 from top to bottom.
sublattice’s dimerization due to the cutoff of dissipative sites leaving a nontrivially dimerized system.

We note that this decoupling of dissipative sites from their surrounding was already observed in the strongly dissipative scenario of alternating gain and loss, where the lattice occupation is found to be completely staggered (see bottom panel of Fig. 4).

VI. CONCLUSION

One of the main efforts of this paper was a comparison between two approaches for describing dissipative quantum systems, viz., Lindblad master equations and an effective theory using $PT$-symmetric on-site potentials. For alternating gain and loss we have defined topological invariants which characterize the complex Bloch bands in the $PT$-unbroken regime and the corresponding master bands of the Liouvillian to match perfectly. The topological invariants rely on the idea that both frameworks allow for a generalization of the Hermitian Zak phase to the dissipative scenario where the entire information is contained in a non-Hermitian Bloch Hamiltonian or Bloch Liouvillian. In particular we showed that the quantization of the complex Zak phase’s real part is protected by the $PT$ symmetry in the $PT$-unbroken parameter regime. By contrast the spectral properties of the Liouvillian yield a decoupled structure that contains the bands of the Hamiltonian as a subset. Hence, the quantization of the Zak phase of the master bands can be traced back to the topological properties of the Hermitian SSH Hamiltonian. An investigation of the effect of hopping disorder which respects the symmetry properties of the system shows that the complex energy spectra characterizing the complex Bloch bands in the $PT$-unbroken regime and the corresponding master bands of the Liouvillian to match perfectly. The topological invariants rely on the idea that both frameworks allow for a generalization of the Hermitian Zak phase to the dissipative scenario where the entire information is contained in a non-Hermitian Bloch Hamiltonian or Bloch Liouvillian. In particular we showed that the quantization of the complex Zak phase’s real part is protected by the $PT$ symmetry in the $PT$-unbroken parameter regime. By contrast the spectral properties of the Liouvillian yield a decoupled structure that contains the bands of the Hamiltonian as a subset. Hence, the quantization of the Zak phase of the master bands can be traced back to the topological properties of the Hermitian SSH Hamiltonian. An investigation of the effect of hopping disorder which respects the symmetry properties of the system shows that the complex energy spectra characterizing the complex Bloch bands in the $PT$-unbroken regime and the corresponding master bands of the Liouvillian to match perfectly.

Using a reservoir coupled to the edges of the SSH chain we have found that the edge modes are occupied or emptied with progressing time evolution of the system. The dissipative sites effectively decouple from their surrounding in the strongly dissipative regime in such a way that by turning on dissipation in the trivial regime the steady state of the subsystem (where the two edge sites are ranked to belong to the reservoir) reproduces the steady state of the nontrivial SSH chain.

F.D. and M.W. contributed equally to this work.

APPENDIX A: QUANTIZATION OF THE GEOMETRIC PHASE

As shown in the work of Hatsugai [39], the Berry phase $\nu$ of closed systems (described by a Hermitian Hamiltonian) is quantized in the presence of an antiunitary symmetry ($PT$ in the context of this paper) and takes integer multiples of $\pi$. The argument carries over to non-Hermitian systems described by a $PT$-symmetric Hamiltonian $H(\alpha)$ parametrized by $\alpha \in \mathbb{P}$ in parameter space $\mathbb{P}$. For a dual pair of biorthogonal eigenstates $|(\chi_\alpha), (\phi_\alpha))$ of $H$ with a nondegenerate eigenvalue $\lambda_\alpha$, that is, $H (\phi_\alpha) = \lambda_\alpha (\phi_\alpha)$ and $\langle \chi_\alpha | H = \lambda_\alpha \langle \chi_\alpha |$, one finds the real part of the complex Berry phase $\nu_\alpha$ [36], which is picked up by the eigenstates during the transport along a loop $C \subset \mathbb{P}$ to be quantized in integer multiples of $\pi$ if $(|\chi_\alpha), (\phi_\alpha))$ are eigenstates of $PT$ (which implies $\lambda_\alpha \in \mathbb{R}$).

To see this, consider the Berry phase of $(|\chi_\alpha), (\phi_\alpha))$ obtained by integration of the complex Berry connection $A_\alpha(\alpha) = i \langle \chi_\alpha | \nabla_\alpha |\phi_\alpha \rangle$ along $C$:

$$v_\alpha = i \oint_C \langle \chi_\alpha | \nabla_\alpha |\phi_\alpha \rangle \cdot d\alpha. \quad (A1)$$

Expanding the states in a fixed Cartesian basis $|e_j\rangle, j = 1, \ldots, \dim(H) |\langle e_j |e_k\rangle = \delta_{jk}|$ by $|\chi_\alpha\rangle = \sum_j \chi_{nj}(\alpha) |e_j\rangle$ and $|\phi_\alpha\rangle = \sum_j \phi_{nj}(\alpha) |e_j\rangle$, the $k$th component of the Berry connection reads $A_{nk}(\alpha) = i \sum_j \phi_{nj}(\alpha) \delta_{nk}$. The latter can be related to the Berry connection $A^{PT}_n$ of the $PT$-symmetric partners (with the abbreviation $|x\rangle \equiv (x PT)$) by evaluating the action of $PT$ as $\langle \chi_n^{PT} | = \sum_j \chi_{nj}^T (e_j PT)$ and $|\phi_n^{PT}\rangle = \sum_j \phi_{nj}^T (e_j PT)$. A straightforward calculation leads to the important relation $A_n^{PT} = -A_n^*$, which directly implies

$$v_\alpha = -\oint_C A_n^{PT*} \cdot d\alpha = -v_n^{PT*}. \quad (A2)$$

A second important relation follows from the fact that the action of $PT$ onto an eigensate of $H$ is nothing but a $U(1)$ gauge transformation if the eigenvalue is nondegenerate and real. Since the $PT$-symmetric Hamiltonian satisfies the commutation relation $[H, PT] = 0$, the application of $PT$ on the (right) eigenvalue equation yields $H |\phi_\alpha^{PT}\rangle = \lambda_\alpha |\phi_\alpha^{PT}\rangle$, which reduces to the eigenvalue relation of $|\phi_\alpha\rangle$ in case of a real eigenvalue $\lambda_\alpha \in \mathbb{R}$, that is, if $|\phi_\alpha\rangle$ (or $|\chi_\alpha\rangle$) are right (or left) eigenstates of $PT$ [42]. In combination with the assumption of a nondegenerate eigenvalue $\lambda_\alpha$ and the normalization convention $\langle \chi_n^{PT} | (\phi_n^{PT})^T \rangle = 1$, this implies that $PT$ corresponds to a $U(1)$ phase transformation $|\phi_\alpha^{PT}\rangle = e^{i
u_\alpha} |\phi_\alpha\rangle$ and $\langle \chi_n^{PT} | = e^{-i
u_\alpha} \langle \chi_n |$. Given that case, the Berry connection of the $PT$ partners evaluates to $A_n^{PT} = A_n - \nabla_\alpha \nu_\alpha$.

Using the fact that the basis states have to be single valued in parameter space such that one can find an integer $z \in \mathbb{Z}$ for which $\oint_C \nabla_\alpha \nu_\alpha \cdot d\alpha = 2\pi z$, the latter relation can be integrated along $C$, leaving

$$v_n^{PT} = \oint_C (A_n - \nabla_\alpha \nu_\alpha) \cdot d\alpha = v_n - 2\pi z. \quad (A3)$$

Finally, the combination of Eqs. (A2) and (A3) induces the quantization of the real part of the complex Berry phase in the
\[ \mathcal{PT}\text{-unbroken regime:} \]
\[ v_n = -\mathcal{PT}^* v_n = -(v_n - 2\pi z)^* \Rightarrow \text{Re}(v_n) = \pi z. \]  
\[ \text{(A4)} \]
Hence, in this case, the real part of the complex Berry phase can be constrained to a strict quantization protected by \( \mathcal{PT} \) symmetry.

**APPENDIX B: RAPIDITIES OF THE DISSIPATIVE PATTERN \( U_2 \)**

We give the proof that the imaginary part of the rapidities of the SSH model subject to a dissipative pattern described by \( U_2 \) in the context of an LME reproduces the Hamiltonian spectrum, while the real part is solely determined by the gain-loss strength. To do so, we consider the eigenvalue equation \( A v_j = \beta_j v_j \), of the \( 4n \times 4n \) dimensional antisymmetric \( [A] = -A \) in the basis of the Hermitian Majorana maps \( \hat{a}_i \), compare Eq. (7) shape matrix in order to determine the \( j \)th NMM \( v_j \) with an associated rapidity \( \beta_j \). In the scenario with alternating gain and loss, a basis transformation accounted for by a Fourier transform leads to the Bloch form of \( A \) in Eq. (7c), which we repeat here for convenience:

\[ A = \frac{1}{2} \sum_k |k\rangle \langle k| \otimes \left( \begin{array}{cc} i\gamma \Gamma_\delta & -(t_1 + e^{ik}t_2)T \\ -(t_1 + e^{-ik}t_2)T & i\gamma \Gamma_\delta \end{array} \right), \]

where the matrices \( \Gamma_\delta = -i \gamma_2 \otimes \sigma_+ \otimes (i\sigma_z + \sigma_0) \) and \( T = -i\sigma_0 \otimes 1_2 \) can be considered as a generalization of the non-Hermitian effective Hamiltonian scenario. In order to see how eigenvectors of this equation can be constructed, the \( 8 \times 8 \) Bloch Liouvillian [see Eq. (7e)] is further decomposed into a sum of three Kronecker products of \( 2 \times 2 \)-dimensional matrices as follows:

\[ A = \frac{1}{2} \sum_k |k\rangle \langle k| \otimes \left[ \begin{array}{ccc} (i\sigma_0 + \sigma_z) & iH_0 \otimes \sigma_0 & iH_0 \otimes 1_2 \end{array} \right], \]  
\[ \text{B1} \]
where the \( 2 \times 2 \) Bloch Hamiltonian \( H_0 \) of the Hermitian SSH model [compare Eq. (2)] naturally appears. Starting off with this form, we attempt to construct master modes \( v_j \) which are eigenvectors of \( \mathcal{PT} \) of each of the three summands in Eq. (B1).

In doing so, one notices for the square bracket term that the operators of the first product space commute, that is, \( [\sigma_0, 1_2] = 0 \) (and trivially \( [\sigma_z, 1_2] = [H_0, 1_2] = 0 \) and thus common eigenvectors of all three summands, restricted to the first product space, exist. The same statement holds for the second product space, but is violated by the third one, as \( [\sigma_z, \sigma_0] \neq 0 \). However, the matrix \( i\sigma_z + \sigma_0 \) has an eigenvector \((1, 1)^T\) with zero eigenvalue, which is simultaneously an eigenvector of \( \sigma_z \) with eigenvalue 1.

This having been said, a procedure to construct \( 2n \) of the overall \( 4n \) eigenvalues and eigenvectors of the shape matrix can be formulated: The NMM \( v_j \) is constructed by a Kronecker product of the momentum space component and the three internal spaces, where the vector in the last internal space is always given by \((1, 1)^T\), and consequently the second term in Eq. (B1) does not contribute to the eigenvalue equation \( A v_j = \pm \beta_j v_j \). For the remaining two summands and internal spaces, \( \gamma \sigma_2 \otimes \sigma_0 - iH_0 \otimes \sigma_0 \), it was argued above that the constituents possess a common set of eigenvectors.

As the eigenvalues of \( H_0 \) are given by the energies \( E_m = \pm \sqrt{t_1^2 + t_2^2 + 2t_1t_2 \cos(k)} \) of the Hermitian SSH model and those of \( \sigma_0 \) are \( \pm 1 \), the two internal product spaces give rise to the \( 2n \) combinations \( -\gamma - iE_m(k) \times (\pm 1) \), which results in the rapidities

\[ -\beta_j = -\frac{1}{2} [\gamma \pm iE_m(k)] \]
\[ \text{B2} \]
with \( k = 0.2\pi/(n/2), \ldots, 2\pi(n/2 - 1)/(n/2) \) and \( m = 1,2 \), such that each value appears twice, leading to \( n/2 \) twofold degenerate rapidities. We explicitly emphasize that the decay rate \( \text{Re}(\beta_j) \) of an NMM \( v_j \) is solely determined by the gain-loss strength \( \gamma \), while the imaginary part reproduces the energy spectrum of the SSH model.

For completeness, the remaining \( 2n \) eigenvalues of \( A \) can be obtained by making use of the antisymmetry of \( A \), which directly implies the existence of the remaining eigenvalues \( 1/2 [\gamma \pm iE_m(k)] \).

To conclude, we note that the factorization of the Bloch Liouvillian given in Eq. (B1) already shows that in the case of alternating gain and loss the Zak phase of the NMM bands is quantized and complies with the Zak phase of the Hermitian SSH model. Therefore we point to the first product space which contains the Bloch Hamiltonian \( H_0 \) of the Hermitian SSH model [compare Eq. (2)]. All other operators that occur in the factorization do not depend on \( k \) and therefore only the component of the eigenstate of the Bloch Liouvillian belonging to the first product space will acquire a phase when the system is transported through the Brillouin zone. This phase is exactly the Zak phase of the Hermitian SSH model as the corresponding eigenstate is precisely the one of the Hermitian Bloch Hamiltonian \( H_0 \) that describes the Hermitian SSH model.

**APPENDIX C: ROBUSTNESS TO DISORDER**

We now investigate the effect of disorder that respects the symmetries of the system (\( \mathcal{PT} \) and \( \Lambda \), see Eq. (13)) on the complex energy and the rapidity spectra. To do so, the tunneling amplitudes of each unit cell \( j = 1, \ldots, n/2 \) are randomly exposed to disorder, described by a disorder strength \( R \), of the type

\[ t_1 \rightarrow \tilde{t}_1 = t_1 + R \xi |t_1 - t_2|, \]
\[ t_2 \rightarrow \tilde{t}_2 = t_2 - R \xi |t_1 - t_2|, \]
\[ \text{C1} \]
retaining the dimerization on average. The random variables \( \xi_j \in (-1,1) \) are chosen from a uniform distribution in a symmetric manner such that \( \xi_j = \xi_{n/2-j} \).

Considering the scenario of alternating gain and loss this form of disorder can spoil the topological invariant in the following two ways.

(i) Inversion of the dimerization: For the case of the SSH model (\( \gamma = 0 \)), the critical value of the disorder strength \( R_c \) by which an arbitrary dimerization could in principle be deformed to the homogeneous hopping case \( \tilde{t}_1 = \tilde{t}_2 \) where the energy gap closes is found to be \( R_c = 0.5 \).

(ii) \( \mathcal{PT} \) phase transition in the effective theory: Considering the scenario of alternating gain and loss where a unit cell is \( \mathcal{PT} \) unbroken as long as \( |\tilde{t}_1 - \tilde{t}_2| > \gamma \) one finds that even in the worst case scenario \( |\tilde{t}_1 - \tilde{t}_2| > (1 - 2R)|t_1 - t_2| \) and
thus $R_c = 1/2[1 - \gamma/(t_1 - t_2)]$ \[5\]. In the same manner a randomized variation of the on-site potentials can affect the point of the $\mathcal{PT}$ phase transition. In the following we illustrate both cases using an exemplary choice of parameters. Figure 9 shows the complex eigenvalue spectrum of the effective Hamiltonian $H_{\text{eff}}^{(t_2)}$ with alternating gain and loss at $\gamma = 0.5$. For both the nontrivial and trivial dimerization one expects the $\mathcal{PT}$ phase transition at $R_c = 0.25$. However, due to the finite number of possible disorders the transitions are shifted to larger values of $R$. The extreme scenario where $\xi_m = 1$ for all $m$ is also shown for completeness and yields the expected transition point $R_{c_1} = 0.25$. For smaller values of $R$ the periodic system is $\mathcal{PT}$-unbroken and possesses two energetically separated bands. We verified this property for a variety of parameter sets.

Next we apply the disorder pattern (C1) to the Liouvillian of the SSH model coupled to a reservoir describing alternating gain and loss. From Appendix B we know the structure of the rapidity spectrum without disorder. The real part is determined by the strength of the dissipative coupling whereas the imaginary part of the rapidity spectrum is given by the scaled energy spectrum of the Hermitian SSH model. Therefore we expect that a randomized variation of the tunneling amplitudes only modifies the imaginary part of the rapidities in such a way that for an infinite number of random numbers a gap closing occurs at $R_c = 0.5$. Figure 10 shows the scaled rapidity spectrum of the SSH chain subject to alternating gain and loss. For both the nontrivial and trivial dimerization the finite number of used sets of random numbers causes the gap in the imaginary part to be still present for $R = 0.5$. Again the extreme scenario with $\xi_m = 1$ for all $m$ yields the expected gap closing at $R_{c_1} = 0.5$. Hence the quantization of the Zak phase picked up by the master modes is not spoiled by disorders with $R < R_c$ since it relies on the topological invariance of the Hermitian SSH Bloch Hamiltonian as illustrated in Appendix B.